

The **Mission**

The Unfolding Story of
God's Redemptive Purpose



EVERY NATION



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Contributors: Victory BGC Kids Writers Pool
Illustrations by: Marc Jordan Diaz

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EveryNation.org/Fasting
#ENfast2026

Contents

Fasting 101	v
Our Plan	viii
Mission 2029	xiii
Introduction: The Glory of God	1
Day 1: The Command to Multiply	4
Day 2: The Blessing of Abraham	7
Day 3: The Ends of the Earth	10
Day 4: The God of the Mission	13
Day 5: The Commission to Go	16
Conclusion: The Lamb on the Throne	19

*This family devotional is designed to be used by parents with children from ages two to twelve.

Fasting 101

Connect

All of us have needs and wants. Needs are things that we cannot live without. Wants are things we would like to have. What are some of your needs? What are some of your wants? There are many things we need and want. But sometimes, we focus so much on our needs and wants that we put aside our relationship with God. Fasting lets us focus more on God by setting aside our needs and wants.

What Is Fasting?

Fasting is stopping an activity (usually eating) for a period of time to know and hear God more. We replace eating or using our gadgets with time with God. This means praying, worshiping, and reading the Bible. These activities strengthen our relationship with God.

When our parents speak to us, we should pay attention and listen to them. Fasting helps us pay attention and listen to God. It helps us put aside distractions. We say to God, “I am going to listen to You because You are my Father. I trust You!”

Jesus gave us an example of fasting in Matthew 4. Jesus knew that He would need strength and power for His ministry. He prepared by fasting for forty days in the desert. During this time, He was tempted by Satan. His response to that temptation is the truth we can hold on to for strength when we fast:

But [Jesus] answered, “It is written, ‘Man shall not live by bread alone, but by every word that comes from the mouth of God.’” **MATTHEW 4:4**

Fasting is usually keeping yourself from eating and drinking as you devote more time to God. But you can also fast from different media (TV, video games) and technology (gadgets, internet) if you cannot fast from food. The important thing is to keep your focus away from the things the world offers to spend more time with God.

Before Fasting

1. Pray

Spend time reading the Bible before the fast. Ask the Holy Spirit for guidance in your prayers. Write down your specific prayer requests for your family, friends, church, and nation.

2. Commit

Pray about the kind of fast that you will do and commit to it ahead of time. Ask God for grace to help you follow through with your decision. Also, ask your parents and maybe even your doctor if you are allowed to do a specific type of food fast.

3. Act

If you will be fasting from food, start eating smaller portions a few days before you fast. Avoid sugary and fatty foods. Ask someone to be your prayer partner throughout the fast.

While Fasting

1. Focus

Set aside time to read God's word and pray. This devotional will help you as you fast. Just be ready to listen to God's voice and do what the Holy Spirit is telling you.

2. Pray

If you can, join at least one prayer meeting in your church. Pray for your family, church, pastors, nation, campuses, and missions throughout the week.

3. Fill Up

If you're fasting from food, during your mealtimes, read the Bible and pray instead. Drink plenty of water and rest as much as you can. Keep in mind that you may find yourself becoming physically weak, tired, impatient, or irritated. If you're doing a different type of fast, read the Bible and pray during the time you would normally do what you are fasting from (for example, browsing through social media or playing video games).

After Fasting

1. Eat

If you fasted from food, reintroduce solid food gradually. Your body will need time to adjust to a normal diet. Start with fruits, juices, and salad, then add more vegetables. Eat small portions throughout the day. It may be tempting, but try not to eat junk food and sweets right away. If you've finished a different type of fast, remember what God revealed to you as you spent time with Him. Take what you learned from the fast into your everyday life.

2. Pray

Don't stop praying! Trust that God will keep His promises and knows what He's doing. Don't stop believing in and listening to God all year. Be in faith and expect God to answer your prayers!

Our Plan

Day 1

FASTING OPTIONS

Social media fast

Gadget fast

Skip one meal

Other: _____

Prayer Meeting(s) to Attend: _____

FAMILY MEMBERS

Write down the names of the parents and kids who will do this type of fast for today.

Day 2

FASTING OPTIONS

Social media fast

Gadget fast

Skip one meal

Other: _____

Prayer Meeting(s) to Attend: _____

FAMILY MEMBERS

Write down the names of the parents and kids who will do this type of fast for today.

Day 3

FASTING OPTIONS

Social media fast
Gadget fast
Skip one meal
Other: _____
Prayer Meeting(s) to Attend:

FAMILY MEMBERS

Write down the names of the parents and kids who will do this type of fast for today.

Day 4

FASTING OPTIONS

Social media fast
Gadget fast
Skip one meal
Other: _____
Prayer Meeting(s) to Attend:

FAMILY MEMBERS

Write down the names of the parents and kids who will do this type of fast for today.

Day 5

FASTING OPTIONS

Social media fast
Gadget fast
Skip one meal
Other: _____
Prayer Meeting(s) to Attend:

FAMILY MEMBERS

Write down the names of the parents and kids who will do this type of fast for today.

We are thankful to God for . . .

How did God answer our prayers in 2025?

In 2026, we will seek God and trust Him in these areas . . .

What are our prayer requests for the year?

My Family (e.g., good health for parents and siblings)

My School (e.g., good grades)

My Friends (e.g., for friends to know Jesus)

Others (e.g., for more people to know Christ)

Pray in Pairs

Each family member will pray with a relative or friend. Write down the prayer partner's name after each family member's name.

Family Member	Prayer Partner

“Again, here is what I tell you. Suppose two of you on earth agree about anything you ask for. My Father in heaven will do it for you.” **MATTHEW 18:19 (NIRV)**

Mission 2029

*We are praying to establish churches
in 20 new nations by 2029!*

Did you know?

Every Nation is in **84** nations*
around the world!

**As of September 2025*

Is there a nation that God is leading you to pray for? Ask God how He can use your family to be a blessing to that nation and for the gospel to be preached there.

Continue to pray that God would open doors for more Every Nation church plants in the remaining **111** nations.



- ◆ Ask for Nations

"Ask me, and I will give the nations to you. All nations on earth will belong to you." PSALM 2:8 (NIRV)

- ◆ Ask for Workers

"... pray earnestly to the Lord of the harvest to send out laborers into his harvest." MATTHEW 9:38

- ◆ Ask for the Holy Spirit

"If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!" LUKE 11:13

Introduction:

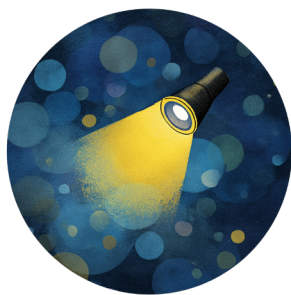
The Glory of God

Connect

Prepare: Sources of light (night light, flashlight, smart phone)

Give each family member a source of light (you may use your phone or a flashlight). Switch off the light in your room and let one person shine his/her light in one area of the room. Then, one by one, the others will also turn their lights on and point them to a different area of the room. Notice how the light slowly fills up the room. (If you only have a few members in your family, each person may hold 2–3 sources of light.)

Just as the light slowly brightens up the room, God's plan is for His glory to spread and fill the earth. And part of His plan is to use us, His people, to shine His glory to others.



Read the Word

"But truly, as I live . . . all the earth shall be filled with the glory of the LORD . . ." **NUMBERS 14:21**

The Israelites were rebelling against God. He was about to destroy them, but Moses interceded and God showed mercy. Instead of bringing punishment, God made a powerful promise: His glory

will fill the whole earth. From creation (the sun, moon, and stars in the sky, the animals on land and in the sea, and everything God created) to Jesus' work on the cross, everything points to this truth. God's glory is His beauty, goodness, power, and holiness, and we see it most clearly in Jesus. When we, His children, live for Him and share His love with others, we take part in God's big plan to fill the world with His glory.



Huddle

Parent/s to Kid/s 2–6 years old

- ◆ Look around you. Where can you see God's glory?
(All creation reflects God's glory.)

7–12 years old

- ◆ Do you see God's glory around you?
- ◆ How can your life—through your words, actions, or decisions—reflect God's glory?

Kid/s to Parent/s

- ◆ How have you seen God's glory in your life?
- ◆ As a family, how can we join God's mission and share His glory with others?

Whenever we obey God, love others, and share about Jesus, we shine God's light to the world. Let's live in a way that will always show others how good, loving, and powerful God is, so that they, too, may see His glory.

Pray

Dear God, thank You for Your goodness and love for us. Help us live in a way that others may see and experience these, too. Use our family to bring glory to Your name. In Jesus' name, amen!

Day 1:

The Command to Multiply

Connect

Take a handful of powder, sand, or seeds and scatter them over a patch of land. Observe how they spread out across the area where you threw them.

In the same way, just as what was once in your hand has now been scattered, God calls us, His people, to go beyond our small circles and spread out into the world. He wants to use us as instruments to share His love with others everywhere.



Read the Word

And God blessed them. And God said to them, “Be fruitful and multiply and fill the earth and subdue it, and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves on the earth.”

GENESIS 1:28

From the beginning, it has always been God’s command for us to fill the earth with His glory—to multiply and to bear children in His image, spreading His presence across creation. But because of Adam and Eve’s disobedience, sin entered the world and has been spreading its corruption since day one. Today, instead of

spreading God’s glory, we have filled the earth with our mess—sin, greed, violence, selfishness, and more. But God has not left His plan behind.



In Genesis 9:1, He directed Noah to “. . . *Be fruitful and multiply and fill the earth.*”

In Genesis 12:3, He told Abraham, “. . . *in you all the families of the earth shall be blessed.*”

He chose the nation of Israel in Exodus 19:6 to be a “. . . *kingdom of priests and a holy nation.*”

God sent His Son, Jesus, to take back what was broken by sin. Christ’s death and resurrection can stand against what shattered the image of God in us. Today, as an echo to that command from long ago, God calls us, His people, to make disciples of all nations and to fill the earth with people who reflect His glory. Let us continue to walk in the mission God has sent us forth—not just to multiply but to spread His love across the earth.

Huddle

Parent/s to Kid/s 2–6 years old

- ◆ How can you “fill the earth” with God’s love?
- ◆ In what way can you show God’s love at home?
At school? To your friends?

7–12 years old

- ◆ What is God’s command to His people today?
- ◆ How can you be part of God’s mission to make disciples in your family? In school? With your friends?

Kid/s to Parent/s

- ◆ How do you make disciples?
- ◆ How can our family share God’s love to others?

Through Jesus, God made us whole. He now extends to us the privilege to join Him in His mission to bring His glory to the earth—by sharing His love to others and making disciples wherever He sends us.

Pray

Dear God, thank You for sending Jesus to forgive us, free us from the power of sin, and make us whole again. Thank You for the privilege to partner with You in this work to spread Your love to everyone. Help us to be worshipers who honor only You so we can continue to reflect You to others. In Jesus’ name, amen!

Day 2:

The Blessing of Abraham

Connect

Prepare:

- ♦ Strips of colored paper
- ♦ Pens, markers, or crayons
- ♦ Clear tape



Give each person a strip of paper and ask them to write or draw a blessing they have received from God. Examples could be your family, your friends, your home, the food you eat, your health, Jesus, or anything you are grateful for. If any family member wants more strips, they can have as many as they need.

After everyone is done, take one strip, loop it around, and tape the ends together to form the first link of your chain. Take another strip, loop it through the first link, and tape the ends of the paper together to form the second link. Continue adding strips in the same way until you've created a "chain of blessings" that represents all the ways God has blessed your family.

You may keep the chain and add to it every day, writing down or drawing whatever blessing you have received that day. Watch your chain grow and see how much God has blessed your family.

Read the Word

¹Now the LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. ²And I will make of you a great nation . . . ³and in you all the families of the earth shall be blessed.”

GENESIS 12:1–3

It is very interesting how the first chapters in the book of Genesis—from the stories of Adam, Cain and Abel, Noah, to the Tower of Babel—narrate human sinfulness. Yet in chapter 12, instead of speaking against mankind, God declares a blessing, that through Abraham, all families on earth will be blessed. But God’s plan was bigger than Abraham: to bless all nations through him. And this is not just to bless us so that we have good things around us. It is more than fruitfulness, fullness, abundance, peace, prosperity, long life, a thriving land, and a growing family. Above all, it is life lived in harmony with God, experiencing His glory through the Holy Spirit (Galatians 3:14).



Huddle

Parent/s to Kid/s 2–6 years old

- ♦ What promise did God give Abraham?
- ♦ Think of a blessing God has given you and tell your family about it.

7–12 years old

- ♦ What do you think is God's greatest blessing to you?
- ♦ How can you be a blessing to your family and your community?

Kid/s to Parent/s

- ♦ How has God blessed you?
- ♦ What can we do as a family to join God's mission and bless other nations?

God's promise to Abraham shows His heart for the world. Through Jesus, who came from Abraham's family, we now receive His salvation, which is God's biggest blessing to us. But God's plan to bless doesn't just include us; He wants us to share it so that others can know Him too. When we share God's love—helping someone in need or praying for others—we can join in His mission to bring His blessing to the nations.

Pray

Dear God, thank You for the promise to Abraham, to bless him and the nations through him. Thank You for sending Jesus on His mission to die for us on the cross. Today, we are restored to You because of it and we become recipients of Your blessing to Abraham as well. Teach us to run this mission with You, to courageously tell others about You, and to obediently go when You tell us to. Give us the heart to always be a blessing to others. In Jesus' name, amen!

Day 3:

The Ends of the Earth

Connect

Ask each family member to pick a nation that you do not know much about and find out the answers to the following questions pertaining to your chosen nation:

- ♦ How many languages are spoken in that nation?
- ♦ What are the common types of food consumed by its people?
- ♦ What traditions do they have that are unique to them?



There are about 195 recognized nations in the world, each with its own distinct culture, traditions, and characteristics that make it unique. But do you know that one day, even with all these differences, all nations will bow down and worship Jesus together?

Read the Word

¹My God, my God, why have you forsaken me? . . . ²⁷All the ends of the earth shall remember and turn to the LORD, and all the families of the nations shall worship before you. . . .

³⁰Posterity shall serve him; it shall be told of the Lord to the coming generation. . . . ³¹they shall come and proclaim his

righteousness to a people yet unborn, that he has done it.

PSALM 22:1, 27, 30, 31

This psalm of David begins with deep pain: “My God, my God, why have you forsaken me?”

In this psalm, David cries out to God feeling very hopeless. But more than David’s own suffering, this psalm also points to the suffering of Jesus on the cross, where He dies to save people across the earth. Christ died on the cross not just for a select few but for people of all nations. This is the victory that David sees at the end of the psalm.

The last verses declare that people from all nations and future generations will worship the Lord and proclaim His righteousness. This was fulfilled in Jesus’ cry on the cross, “*It is finished.*” His work is complete, bringing the good news to every nation and every generation, including us!



Huddle

Parent/s to Kid/s 2–6 years old

- ♦ Who did Jesus die for on the cross?
- ♦ Do you know any kids who need to hear about Jesus?

7–12 years old

- ♦ What is the farthest nation you can think of? Do you think people from that nation have heard of Jesus?
- ♦ Can you imagine a time when all nations will worship Jesus? What may that look like?
- ♦ What can you do to help bring the gospel to the ends of the earth?

Kid/s to Parent/s

- ♦ What will happen to people who live in the mountains and far-off places if they have never heard of Jesus?
- ♦ What can our family do to help bring the gospel to the nations?

Jesus died on the cross to save the world. While we may not all have the chance to go to different places and share about God's love, we all have family, friends, neighbors, and people in our lives who may have not yet heard about the gospel. Telling them about Jesus will be our part in God's mission.

Pray

Dear God, thank You that Your love is for people from all nations and all generations. Please help us share this good news with others, most especially the people around us. Teach us to live in a way that points them to You. In Jesus' name, amen!

Day 4:

The God of the Mission

Connect

Prepare: A mirror

Go to a mirror and take a close look at yourself. What do you see? Share your observations with your family.

Through a mirror, we can see a reflection of our face. In our story today, Isaiah did not have a mirror. But when He saw God, it reflected something to him about himself.

Let's find out what this is.



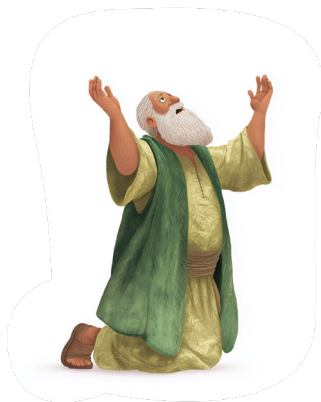
Read the Word

¹In the year that King Uzziah died I saw the Lord sitting upon a throne, high and lifted up; and the train of his robe filled the temple. ²Above him stood the seraphim. Each had six wings: with two he covered his face, and with two he covered his feet, and with two he flew. ³And one called to another and said: "Holy, holy, holy is the LORD of hosts; the whole earth is full of his glory!" . . . ⁵And I said: "Woe is me! For I am lost . . ." ⁶Then one of the seraphim flew to me, having in his hand . . . ⁷And he touched my mouth and said: ". . . your guilt is taken away, and your sin atoned for." ⁸And I heard the voice of the Lord saying, "Whom shall I send, and

who will go for us?” Then I said, “Here I am! Send me.”

ISAIAH 6:1-3, 5-8

Isaiah was given a vision of God—exalted and seated on His throne, with the train of His robe filling the temple, and seraphim (a kind of angelic being) surrounding Him, proclaiming His holiness. Confronted by this, Isaiah realized that he was sinful. The perfect holiness of God showed him his own unworthiness. Yet God, being merciful, purified Isaiah when an angel touched his lips with a burning coal. In that moment, Isaiah not only witnessed God’s beauty and holiness but also experienced His grace. Filled with awe and gratitude, Isaiah immediately offered himself to be used by God in His mission.



Because he saw and experienced God’s holiness, grace, and mercy, Isaiah was ready to do what God asked of him no matter the cost. As we run with God’s mission, let us first seek to encounter God in the way that only He can show us.

Huddle

Parent/s to Kid/s

2–6 years old

- ♦ What did Isaiah see in the temple?
- ♦ What did Isaiah realize when he saw God?
- ♦ Who forgives our sin and makes us clean?

7–12 years old

- ♦ Imagine if you were to come before God's throne. What do you think it would be like?
- ♦ Do you think you are worthy to go to God? Why or why not?
- ♦ What are you willing to do for the mission of God?

Kid/s to Parent/s

- ♦ How has God's holiness changed the way you live your life?
- ♦ How has God shown you His love and kindness, and how can you share that same love with other people?

As we reflect on who God is, may we be reminded of His holiness, goodness, and mercy. May we come to Him in repentance. And when we run with God and His mission, may we do so with humility, knowing that it was He who invited us and it was He who chose us.

Pray

Dear God, thank You for giving us a glimpse of Your holiness and grace. Our minds can never fully understand it, but in Your love, You have forgiven us. Thank You, God! Help us to hear Your call and give us the courage to be ready to be used by You in every way. In Jesus' name, amen!

Day 5:

The Commission to Go

Connect

How do we send messages to each other?

Parents might say they used to pass notes in class, beep someone on a pager, or talk on the phone. Kids today might think of texting, chatting on apps, or even sending funny emojis and GIFs!

Take turns sharing your answers. Let's see how many different ways your family can come up with!



Now, if God has a message to the world, how do you think He would pass this message along to everyone?

Read the Word

¹⁸And Jesus came and said to them, "All authority in heaven and on earth has been given to me. ¹⁹Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age." **MATTHEW 28:18-20**

Before ascending to heaven, Jesus gave His disciples a command that still stands today. Every follower of Jesus—young or old, male or female—is called to make disciples. God has a wonderful message, and in order to pass this along to the world, God needs His people to rise up and be the messengers. God's call is powerful: He sends us out with the authority of Jesus Himself. It is meant for all nations, reminding us that the gospel is not just for a chosen few but for every people and culture around the world. This call also directs us to obey all that Jesus has commanded. And it ends with a beautiful promise: He will be with us always.



Does this mission touch your heart? Who in your life needs to hear the good news of Jesus? Rise up, be courageous, and tell them about the gospel.

Huddle

Parent/s to Kid/s 2–6 years old

- ◆ What does Jesus want us to do?
- ◆ Are there people you can share God's love to? Who are they?

7–12 years old

- ◆ What does it mean to make disciples?
- ◆ Have you tried to tell others about Jesus? Share your experience with your family.
- ◆ How does the promise of Jesus to be with you always help you as you live your life and tell others about Him?

Kid/s to Parent/s

- ♦ What is your biggest challenge when telling others about Jesus?
- ♦ As a family, how do we share this news about Jesus?

God's command, commonly known as the Great Commission, invites us to partner with Jesus in spreading His love to everyone. That includes you! Are you ready?

Pray

Dear God, thank You for inviting us to partner with You in the Great Commission. Touch our hearts so that we will feel compelled to reach out to others. Please remind us that You are always with us. Use us to bless others. In Jesus' name, amen!

Conclusion:

The Lamb on the Throne

Connect

As we wrap up this devotional, let each person think of a nation you want to pray for every day. If you do not have one, pray and ask God to give you one.

As part of the Great Commission, let us pray for the nation you have chosen:

- ◆ Pray that God will send people who will go to and make disciples in that nation.
- ◆ Pray that God will make the hearts of the people ready for the gospel.
- ◆ Pray that they will respond when people tell them this truth.



Make a commitment to pray for that nation for an entire week.

Read the Word

⁹After this I looked, and behold, a great multitude that no one could number, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, clothed in white robes, with palm branches in their hands,¹⁰and crying out with a loud voice, “Salvation

belongs to our God who sits on the throne, and to the Lamb!” REVELATION 7:9-10

God has a plan for the people of the earth, and this is how it ends: everyone gathering together worshiping Jesus! This is God’s mission, and it will be accomplished. The people will be as numerous as the stars in the sky and the sand on the shore, which points back to God’s promise to Abraham in Genesis 12. What a glorious picture this is!



But we are not there yet. In this present time, God calls us to join His team to bring about the completion of His plan and purpose. Will you embrace this calling?

Huddle

Parent/s to Kid/s 2–6 years old

- ◆ Who will worship together in heaven someday?
- ◆ Who will they worship?

7–12 years old

- ◆ Can you imagine the picture in heaven someday, with everyone worshiping God together? What do you think it will look like?
- ◆ What are some ways you can take part in God’s mission (for example, giving, praying, telling others about Jesus)?

Kid/s to Parent/s

- ♦ Is it hard to tell others about Jesus? What if they do not believe you?
- ♦ How can our family participate in God's mission?

While we know that God's work will be accomplished, it does not mean that we will just sit back and wait for it to be fulfilled. We have work to do. Today, we can take part in the work by praying, giving, and going to other nations.

Pray

Dear God, thank You for Your plan for us to one day worship You with all the people of the world. You are glorious and You deserve all our praise! Today, give us the courage to share Your love to others. Use our family to be part of Your plan. In Jesus' name, amen!

